

CURRICULUM VITAE

Sarah J. Kertz

Southern Illinois University Carbondale
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363 N. Washington St.
Nashville, IL 62263
573.576.8627

EDUCATION

Postdoctoral Fellowship 2011-2012	McLean Hospital/Harvard Medical School Belmont, MA
Doctor of Philosophy Clinical Psychology 2006-2011	University of Louisville Department of Psychological and Brain Sciences Louisville, KY Dissertation Title: Testing a Cognitive Model of Worry in Children
Predoctoral Internship 2010-2011	McLean Hospital/Harvard Medical School Belmont, MA
Master of Arts Clinical Psychology 2008	University of Louisville Department of Psychological and Brain Sciences Louisville, KY
Bachelor of Arts 2006	Truman State University Kirksville, MO Major: Psychology Minors: Statistical Methods; English

ACADEMIC AND INSTITUTIONAL APPOINTMENTS

Co-Director of Research 2014-present	Houston Obsessive-Compulsive Disorders Program Houston, TX
Assistant Professor 2012-present	Southern Illinois University Department of Psychology, Carbondale, IL
Research Affiliate 2012-present	McLean Hospital Behavioral Health Partial Program, Belmont, MA
Clinical Supervisor 2012-present	Clinical Center Southern Illinois University, Carbondale, IL

Research Coordinator 2011-2012	Behavioral Health Partial Program Research Team McLean Hospital/Harvard Medical School, Belmont, MA
Lab Member-Intern 2011	Child and Adolescent Mood Disorders Lab McLean Hospital/Harvard Medical School, Belmont, MA
Clinical Fellow 2010-2012	McLean Hospital/Harvard Medical School Department of Psychiatry, Belmont, MA

LICENSURE

2012-present Licensed Psychologist, State of Illinois # 071008598

RESEARCH INTERESTS

- Examining cognitive and attentional mechanisms underpinning transdiagnostic repetitive negative thinking, worry, and rumination
- Treatment effectiveness, as well as mediators, moderators, and predictors of change in Cognitive Behavioral Therapy for anxiety disorders
- The integration of clinical psychology and technology and implications for novel treatment interventions
- Testing the applicability of cognitive models of worry to children and the role of cognitive development in children's worry
- The developmental psychopathology of anxiety and the influence of familial environment on the development and maintenance of anxiety disorders in children

HONORS AND AWARDS

2014	Summer Institute in Cognitive Neuroscience Fellowship, funded by the National Institute of Mental Health
2014	Summer Research Institute for Child Intervention, Prevention, and Services (CHIPS) Fellowship, funded by the National Institute of Mental Health
2010	Stanley A. Murrell Scientist-Practitioner Award, University of Louisville
2009	Graduate Student Council Conference Travel Award
2009	Distinguished Pass on Preliminary Exam
2008	Graduate Student Council Conference Travel Award
2006	Graduated Summa Cum Laude
2006	Phi Beta Kappa
2006	Nominated for Outstanding Student in Psychology Award
2006	Truman State University President's Certificate Recognition-Outstanding Academic Achievement
2002-2006	Truman State University Leadership Scholarship-Tuition, Room & Board
2002-2006	State of Missouri Bright Flight Scholarship

GRANTS

- 2013 Development and Preliminary Test of a Worry Management Smartphone Application
Southern Illinois University Office of Sponsored Projects Faculty Seed Grant - \$21,356
PI: Sarah J. Kertz
- 2013 Bridging the Research-Practice Gap by Implementing Data Collection among Existing Practicum Teams in a Clinical Program (not funded)
Society for a Science of Clinical Psychology - \$1,500
PI: Sarah J. Kertz Co-PI: Chad Drake
- 2012 Training Clinical Scientists in a Naturalistic Treatment Setting at McLean Hospital/Harvard Medical School (not funded)
Society for a Science of Clinical Psychology - \$1,500
PI: Thröstur Björgvinsson; Co-PI: Sarah J. Kertz

PUBLICATIONS

- Kertz, S. J.**, Lee, J., & Björgvinsson, T. (in press). Psychometric properties of the abbreviated and ultra-brief versions of the Penn State Worry Questionnaire in a clinical sample. *Psychological Assessment*.
- *Bernard, J. D., Whittles, R. L., Burke, P. A., & **Kertz, S. J.** (in press). Trauma and event centrality: Valence and incorporation into identity influence well-being more than exposure. *Psychological Trauma: Theory, Research, Practice, & Policy*.
- Björgvinsson, T., **Kertz, S. J.**, Bigda-Peyton, J. S., Aderka, I. M., & Neuhaus, E. C. (in press). Effectiveness of cognitive behavioral therapy for severe mood disorders in an acute naturalistic setting: A benchmarking study. *Cognitive and Behavioral Therapy*.
- Kertz, S. J.**, McHugh, K., Lee, J., & Björgvinsson, T. (2014). Examining the latent structure of worry and generalized anxiety disorder in a clinical sample. *Journal of Anxiety Disorders*, 28(1), 8-15.
- McHugh, R. K., **Kertz, S. J.**, Weiss, R. B., Baskin-Sommers, A. R., Hearon, B. A., & Björgvinsson, T. (2014). Changes in distress intolerance and treatment outcome in a partial hospital setting. *Behavior Therapy*, 45, 232-240.
- Björgvinsson, T. **Kertz, S. J.**, Bigda-Peyton, J., McCoy, K., & Aderka, I. (2013). Psychometric properties of the Center for Epidemiological Studies of Depression-10 in an acute psychiatric sample. *Assessment*, 20, 429-436.
- Kertz, S. J.**, Bigda-Peyton, J., & Björgvinsson, T. (2013). Validity of the GAD-7 in an acute psychiatric setting. *Clinical Psychology and Psychotherapy*, 20(5), 456-464.
doi: 10.1002/cpp.1802.

- Kertz, S. J.** & Woodruff-Borden, J. (2013). The role of metacognition, intolerance of uncertainty, and negative problem orientation in children's worry. *Behavioural and Cognitive Psychotherapy*, *41*, 243-248. doi:10.1017/S1352465812000641
- Rosmarin, D.H., Bigda-Peyton, J.S., **Kertz, S. J.**, Smith, N., Rauch, S.L., & Björgvinsson, T. (2013). A test of faith in God and treatment: The relationship of belief in God to psychiatric outcomes. *Journal of Affective Disorders*, *146*, 441-446. doi: 10.1016/j.jad.2012.08.030.
- Webb, C., **Kertz, S. J.**, Bigda-Peyton, J., Björgvinsson, T. (2013). The role of pretreatment outcome expectancies and cognitive-behavioral skills in symptom improvement in an acute psychiatric setting. *Journal of Affective Disorders*, *149*(1-3), 375-382. doi: 10.1016/j.jad.2013.02.016.
- Auerbach, R. P., **Kertz, S. J.**, & Gardiner, C. K. (2012). Predicting adolescent risky behavior engagement: The role of cognitive vulnerability and anxiety. *International Journal of Cognitive Therapy*, *5*(3), 300-315.
- Auerbach, R. P., Richardt, S., **Kertz, S. J.**, & Eberhart, N. K. (2012). Cognitive vulnerability, stress generation, and anxiety: Symptom clusters and gender differences. *International Journal of Cognitive Therapy*, *5*(1), 50-66.
- Williams, S., **Kertz, S. J.**, Schrock, M., & Woodruff-Borden, J. (2012). A sequential analysis of parent-child interactions in anxious and nonanxious dyads. *Journal of Clinical Child and Adolescent Psychology*, *41*(1), 64-74.
- Kertz, S. J.**, Bigda-Peyton, J., Rosmarin, D., & Björgvinsson, T. (2011). The importance of worry across diagnostic presentations: Prevalence, severity, and associated symptoms in a partial hospital setting. *Journal of Anxiety Disorders*, *26*(1), 126-133.
- Kertz, S. J.** & Woodruff-Borden, J. (2011). Human and economic burden of GAD, subthreshold GAD, and worry in a primary care sample. *Journal of Clinical Psychology in Medical Settings*, *18*(2), 281-290.
- Kertz, S. J.** & Woodruff-Borden, J. (2011). The developmental psychopathology of worry. *Clinical Child and Family Psychology Review*, *14*(2), 174-97.
- Chapman, L. K., **Kertz, S. J.**, & Woodruff-Borden, J. (2009). Structural equation model analysis of perceived control and psychological distress on worry among African American and Caucasian American young adults. *Journal of Anxiety Disorders*, *23*(1), 69-76.
- Kertz, S. J.**, Smith, C., Chapman, L. K., & Woodruff-Borden, J. (2008). Maternal sensitivity and anxiety: Impacts on child outcome. *Child and Family Behavior Therapy*, *30*(2), 153-171.

Chapman, L. K., **Kertz, S. J.**, Zurlage, M., & Woodruff-Borden, J. (2008). A confirmatory factor analysis of specific phobia domains in African American and Caucasian young adults. *Journal of Anxiety Disorders*, 22, 763-771.

MANUSCRIPTS UNDER REVIEW

Kertz, S. J., Bakhti, R., & Stevens, K. T., & Curewitz, A. Comparing conceptual models of worry in Black and White Americans.

Kertz, S. J., Stevens, K. T., & McHugh. (revise & resubmit). Distress intolerance and worry: The mediating role of cognitive vulnerabilities.

MANUSCRIPTS IN PREPARATION

Kertz, S. J., Koran, J., Stevens, K. T., & Björgvinsson, T. Decreases in repetitive negative thinking predict subsequent improvement in anxiety and depression.

Kertz, S. J., McHugh, R. K., Stevens, K. T., & Björgvinsson, T. A taxometric investigation of the underlying structure of distress intolerance.

Kertz, S. J., Ran, D., Danitz, S., Schrock, M., & Ruhde, D. A review of empirically supported treatment components in iPhone apps for generalized anxiety.

CONFERENCE PRESENTATIONS

2014

*Aiello, M. C., Kloep, M. L., **Kertz, S. J.**, & Rodriguez, B. F. (2014). *Intrusive Memories And Post-traumatic Stress Symptoms: An Investigation Of Negative Appraisals, Perceptions Of Control, And Avoidant Coping As Mediating Variables*. Poster to be presented at the annual meeting of the Anxiety Disorders and Depression Association of America, Chicago, IL.

*Kloep, M. L., Aiello, M. C., Hunter, R., & **Kertz, S. J.** (2014). *Preliminary Outcomes Associated with a Novel Supplemental Treatment for PTSD in Military Veterans*. Poster to be presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

*Ran, D., **Kertz, S. J.**, & Björgvinsson, T. (2014) *Intolerance of Uncertainty Across Emotional Disorders*. Poster to be presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

*Ruhde, D., Ran, D., Schrock, M., Danitz, S., Habib, R., & **Kertz, S. J.** (2014). *A Review of Empirically Supported Components in iPhone Apps for Anxiety*. Poster to be presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

2013

- Kertz, S. J.**, Beard, C., Lee, J., & Björgvinsson, T. (2013). In Dugas, M. (Chair) *Beyond the Horserace: What Are the Factors that Predict and Explain Treatment Response to CBT for GAD?* Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Curewitz, A.M., Stevens, K., Medernach, T. & **Kertz, S.J.** (2013). *Examining the Relationship between Anxiety and Impulsivity in Risky Behavior Involvement*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Curewitz, A. M., Stevens, K., & **Kertz, S. J.** (2013). *Testing Intolerance of Uncertainty and Emotion Regulation Models of Worry in White and Black Individuals*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Stevens, K., Curewitz, A. M., & **Kertz, S.J.** (2013). *Testing a Cognitive Model of Worry for Distress Intolerance*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Wiggs, K. A., Curewitz, A. M., **Kertz, S. J.**, & Gilbert, D. G. (2013). *Approach-Avoidance Eye-Gaze Patterns to Reward and Threat-Related Stimuli in Smokers and Non-Smokers* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Wiggs, K. A., Curewitz, A. M., **Kertz, S. J.**, & Gilbert, D. G. (2013). *Associations Between Fear of Negative Evaluation and the Vigilance-Avoidance Eye-Gaze Pattern*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Rinehart, K.L., Harrison, L.E., Springer, K.L., Chasson, G.S., VanKirk, N., Wetterneck, C.T., Hart, J., **Kertz, S. J.**, Björgvinsson, T. (2013). Sudden Gains in Obsessive-Compulsive Disorder (OCD) symptoms in patients with severe symptom presentation: A pilot study. Poster presented at the 19th Annual Conference for the International Obsessive Compulsive Foundation (IOCF), Atlanta, GA.
- Kertz, S. J.**, Lee, J., & Björgvinsson, T. (2013). Linking Cognitive Avoidance and Worry with the Emotion Regulation Theory of GAD. In *Predictors and Mediators of Anxiety Reduction Across Different Interventions and Settings*. Paper presented at the annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.
- *Harrison, L. E., Rinehart, K. L., Lee, E. B., Chasson, G., Wetterneck, C., Hart, J., **Kertz, S. J.**, Björgvinsson, T. Sudden Gains in Obsessive-Compulsive Disorder Symptoms in Patients with Severe Symptom Presentation. Poster presented at the annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.

2012

Kertz, S. J., McHugh, K., Bigda-Peyton, J., & Björgvinsson, T. (2012). Examining the Latent Structure of Generalized Anxiety Disorder. In McHugh, K. (Chair), *Advances in the Diagnosis and Treatment of GAD*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

*Bortoleto, E., Williams, S., Hoppe, C., **Kertz, S. J.**, & Woodruff-Borden. (2012). *Autonomic Responsiveness, Intolerance of Uncertainty, and Behavior Control in Child Worry and Anxiety*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Kertz, S. J., Björnsson, A., McCoy, K. L., Bigda-Peyton, J., & Björgvinsson, T. (2012). Predictors of Treatment Response in Brief, Intensive Cognitive Behavioral Therapy for Acute Anxiety. In Panayiotou, G. (Chair), *Anxiety Disorders in the Real World: Correlates of Anxiety that can Enlighten Treatment*. Paper presented at the annual meeting of the European Association for Behavioral and Cognitive Therapies, Geneva, Switzerland.

2011

Björgvinsson, T., Rosmarin, D.H., **Kertz, S. J.**, & Bigda-Peyton, J.S. (2011). Cognitive Behavioral Therapy in a Managed Care World: Examining Treatment Outcome and Mechanisms of Change in the Context of a Partial Hospital Program. In Hughes, M. (Chair), *Cognitive Behavioral Therapy in Acute Settings: Examining Treatment Outcome, Patient Satisfaction, and Best Research Practices*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Bigda-Peyton, J.S., Rosmarin, D.H., **Kertz S. J.**, & Björgvinsson, T. (2011). *Cognitive, Behavioral, or Both? Mechanisms of Change in an Acute, Depressed Sample*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Bortoleto, E., Williams, S., **Kertz, S. J.**, Schrock, M., Hosey, R., & Woodruff-Borden, J. (2011). *Examining the autonomic responsiveness of children with high and low worry to threat and nonthreat pictures*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Williams, S., **Kertz, S. J.**, Stearns, Z., Lush, E., Daup, M., Sephton, S., & Woodruff-Borden, J. (2011). *Cortisol responsiveness and family environment as a mechanism of familial anxiety*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Kertz, S. J., Bigda-Peyton, J., Rosmarin, D., & Björgvinsson, T. (2011). *Worry and Generalized Anxiety Disorder in a partial hospital setting: Prevalence, associated distress, and influence on treatment outcome*. Poster presented at the annual

meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Björgvinsson, T., Bigda-Peyton, J.S., Rosmarin, D.H., & **Kertz, S. J.** (2011). *Anxiety Treatment Outcome in a Naturalistic Setting: Differential Effects for the Anxiety Disorders*. Symposium presented at the annual meeting of the European Association for Behavioral and Cognitive Therapies, Reykjavik, Iceland.

Björgvinsson, T., Bigda-Peyton, J.S., Rosmarin, D.H., & **Kertz, S. J.** (2011). *A Protocol for Evaluating Anxiety Treatment Outcomes in a Naturalistic Setting: Development, Challenges, and Preliminary Findings*. Symposium presented at the annual meeting of the Anxiety Disorders Association of America, New Orleans, LA.

Bigda-Peyton, J.S., **Kertz, S. J.**, Rosmarin, D.H., & Björgvinsson, T. (2011). *Does worry mitigate or enhance the effect of CBT on depressive symptoms?* Poster presented at the annual meeting of the Anxiety Disorders Association of America, New Orleans, LA.

Bigda-Peyton, J., **Kertz, S. J.**, Rosmarin, D. H., & Björgvinsson, T. (2011). *Cognitive behavioral therapy for depressive symptoms: The moderating role of worry*. Poster presented at the annual meeting of the Anxiety Disorders Association of American Conference, New Orleans, LA.

Bigda-Peyton, J.S., **Kertz, S. J.**, Rosmarin, D.H., & Björgvinsson, T. (2011). *Cognitive Behavioral Therapy for depressive symptoms: The moderating role of worry*. Poster presented at the annual McLean Hospital Research Day, Belmont, MA.

Schreck, M., **Kertz, S. J.**, Bigda-Peyton, J., Rosmarin, D. H., Prtinsky, S. & Gallar, Y. *Does religiosity moderate the relationship between gratitude and positive affect?* Poster presented at the annual McLean Hospital Research Day, Belmont, MA.

2010

Kertz, S. J., Hosey, R., Schrock, M., Williams, S., & Woodruff-Borden, J. (2010). *Child coping style moderates the relation between trait anxiety and anxiety symptoms*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapies Convention, San Francisco, CA.

Schrock, M., **Kertz, S. J.**, Williams, S., Hosey, R., & Woodruff-Borden, J. (2010). *The impact of stressful life events on anxious and non-anxious parents' conditional responses to child behavior*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapies Convention, San Francisco, CA.

Williams, S., **Kertz, S. J.**, Hosey, R., Schrock, M., & Woodruff-Borden, J. (2010). *The role of anxiety on parent coaching and dismissing behaviors and thier relationship to child anxiety*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapies Convention, San Francisco, CA.

2009

- Kertz, S. J.** (2009). *Cognitive Behavioral Treatment of Comorbid OCD and OCPD*. Case Conference Presentation, University of Louisville, Louisville, KY.
- Kertz, S. J., & Woodruff-Borden, J.** (2009). *The influence of maternal perceptions and anxiety on sensitivity*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapies, New York, NY.
- Kertz, S. J., Schrock, M., Williams, S., & Woodruff-Borden, J.** (2009). *A sequential analysis of the influences of parental and child anxiety on child responses to parental aversiveness*. Poster presented at the annual meeting of the the Association of Behavior and Cognitive Therapies, New York, NY.
- Briggs, N., **Kertz, S. J.**, Maynor, A., & Woodruff-Borden, J. (2009). *Demographic correlates and impact of excessive worry in a primary care sample*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapies, New York, NY.
- Schrock, M., Williams, S., **Kertz, S. J.**, & Woodruff-Borden, J. (2009). *Anxious and non-anxious children's response to parental aversiveness: A sequential analysis*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapies, New York, NY.
- Williams, S., **Kertz, S. J.**, Schrock, M., & Woodruff-Borden, J. (2009). *Parental behaviors following child negativity in anxious and nonanxious parents: A sequential analysis*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapies, New York, NY.

2008

- Brown, D., **Kertz, S. J.**, & Woodruff-Borden, J. (2008). *Maternal sensitivity and young children's use of causal connections during storytelling*. Poster presented at the Biennial Society for Research in Child Development Convention, Denver, CO.
- Kertz, S. J.**, Hosey, R., Schrock, M, Williams, S. R., & Woodruff-Borden, J. (2008). *A path analysis of parent and child behaviors: Differences in children with GAD and other anxiety disorders*. Poster presented at the annual meeting of the Behavior and Cognitive Therapies, Orlando, FL.
- Schrock, M, **Kertz, S. J.**, Hosey, R., Williams, S., & Woodruff-Borden, J. (2008). *Impact of parental anxiety on parent's perceptions of child behavior*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapies, Orlando, FL.

Hosey, R., Schrock, M., **Kertz, S. J.**, Williams, S., Chapman, L. K., & Woodruff-Borden, J. (2008). *Anxiety as a function of crime risk in a primary care sample*. Poster presented at the annual meeting of the Association of Behavior and Cognitive Therapies, Orlando, FL.

Kertz, S. J., & Woodruff-Borden, J. (2008). *Observations of parent-child dyads: Differences across childhood Generalized Anxiety Disorder, other anxiety disorders, and normal controls*. Poster at the annual meeting of the Association of Psychological Sciences, Chicago, IL.

2007

Chapman, L.K., **Kertz, S. J.**, & Woodruff-Borden, J. (2007). *A structural equation model analysis of perceived control and negative affect on worry among African American and Caucasian young adults*. Poster at the annual meeting of the Association of Behavior and Cognitive Therapies, Philadelphia, PA.

Kertz, S. J., Zurlage, M., Chapman, L. K., & Woodruff-Borden, J. (2007). *Retrospective reports of family functioning and current social anxiety in a college sample*. Poster at the annual meeting of the Association of Behavior and Cognitive Therapies, Philadelphia, PA.

Kertz, S. J., Zurlage, M., Chapman, L.K., & Woodruff-Borden, J. (2007). *Anxiety and ethnicity: An analysis of maternal behaviors in African American and Caucasian families with preschool age children*. Poster at the annual meeting of the Association of Behavior and Cognitive Therapies, Philadelphia, PA.

Zurlage, M., **Kertz, S. J.**, Smith, C., Chapman, L.K., & Woodruff-Borden. (2007). *Maternal sensitivity and anxiety as predictors of child behavioral outcomes*. Poster at the annual meeting of the Association of Behavior and Cognitive Therapies, Philadelphia, PA.

Zurlage, M., **Kertz, S. J.**, Chapman, L.K., & Woodruff-Borden. (2007). *Fathers' psychological control and acceptance as a mediator and moderator of anxiety*. Poster at the annual meeting of the Association of Behavior and Cognitive Therapies, Philadelphia, PA.

Ballash, N., **Kertz, S. J.**, Zurlage, M., Chapman, L. K., & Woodruff-Borden, J. (2007). *A developmental analysis of maternal control in the etiology of anxiety*. Poster at the annual meeting of the American Psychological Association, San Francisco, CA.

Zurlage, M., **Kertz, S.J.**, Chapman, L.K., & Woodruff-Borden. (2007). *Explanatory models of anxiety in primary care*. Poster at the annual meeting of the American Psychological Association, San Francisco, CA.

Kniffley, S., **Kertz, S. J.**, Chapman, L. K., & Woodruff-Borden, J. (2007). *An analysis of parental behaviors and anxiety in Black and White young adults*. Poster at the University of Louisville Summer Research Opportunity Program, Louisville, KY.

2006

Meltzer, M., Agwu, C., Greenberg, B., **Kertz, S.**, Skelton, A., Vittengl, J., Wessel, A., & Wooldridge, C. (2006). *The correlation between student embracement of the liberal arts and expected annual income*. Poster at the Midwestern Psychological Association, Chicago IL.

Skelton, A., Agwu, C., Greenberg, B., **Kertz, S.**, Meltzer, M., Vittengl, J., Wessel, A., & Wooldridge, C. (2006). *Exploring the structure of liberal arts acculturation and its prediction of college students' well-being*. Poster at the Midwestern Psychological Association, Chicago, IL.

COURSES TAUGHT

PSYC 431 Advanced Psychopathology
 PSYC 534 Cognitive Behavior Therapy
 PSYC 544 Advanced Adult Assessment
 PSYC 594 Practicum in Psychology

OTHER TEACHING, TRAINING, AND MENTORSHIP

Instructor
 2011-2012
Diagnostic Assessment Seminar
 McLean Hospital/Harvard Medical School, Belmont, MA

Instructor
 Fall, 2011
Research Methods and Basic Statistics Seminar
 McLean Hospital/Harvard Medical School, Belmont, MA

Co-Instructor
 2011-2012
Cognitive Behavioral Therapy Seminar
 McLean Hospital/Harvard Medical School, Belmont, MA

Mentor
 2008-2010
PSYC 401 Undergraduate Honor's Thesis
 Department of Psychological and Brain Sciences
 University of Louisville, Louisville, KY

Teaching Assistant
 2006-2007
Introductory Psychology
 Department of Psychological and Brain Sciences
 University of Louisville. Louisville, KY

CLINICAL APPOINTMENTS

Supervisor
 2012-present
Clinical Center
 Southern Illinois University, Carbondale, IL

Postdoctoral Fellow
 2011-2012
Behavioral Health Partial Program
 McLean Hospital/Harvard Medical School, Belmont, MA

Clinical Evaluator
 2011-2012
Clinical Evaluation Center
 McLean Hospital/Harvard Medical School, Belmont, MA

Predoctoral Intern
2010-2011
Behavioral Health Partial Program
McLean Hospital/Harvard Medical School, Belmont, MA
Supervisors: Drs. Felicia Brown, Jennifer Hicks, Roberto Olivardia, & Igor Weinberg

Clinician (Intern)
2011
Clinical Evaluation Center
McLean Hospital/Harvard Medical School, Belmont, MA

Clinician (Intern)
2010
Obsessive Compulsive Disorders Institute
McLean Hospital/Harvard Medical School, Belmont, MA

SERVICE

2013-present
Master Clinician Seminar Committee Chair
Association of Behavioral and Cognitive Therapies Convention

2012-2014
Active Minds, Faculty Advisor
Southern Illinois University Carbondale

2012- present
Psychology Graduate Admissions Committee
Southern Illinois University Carbondale

2010-2012
Psychology Internship Admissions Committee
McLean Hospital/Harvard Medical School

2011
Behavioral Health Partial Program Evaluation Committee
McLean Hospital/Harvard Medical School

MEMBERSHIP IN PROFESSIONAL SOCIETIES

2014-present Society for Psychophysiological Research
2014-present Society for a Science of Clinical Psychology
2012-present Sigma Xi
2012-present Anxiety and Depression Association of American
2007-present Association for Behavior and Cognitive Therapies
Anxiety Disorders SIG
Clinical Research Methods and Statistics SIG
2008 Association for Psychological Science
2007 - 2012 American Psychological Association
2004-2006 Psi Chi National Psychology Honor Society

EDITORIAL ACTIVITIES

Ad hoc reviewer, *Assessment*
Ad hoc reviewer, *Anxiety, Stress, and Coping*
Ad hoc reviewer, *Canadian Journal of Behavioural Science*
Ad hoc reviewer, *Children and Youth Services Review*

Ad hoc reviewer, *Depression and Anxiety*
Ad hoc reviewer, *General Hospital Psychiatry*
Ad hoc reviewer, *International Journal of Cognitive Therapy*
Ad hoc reviewer, *Journal of Anxiety Disorders*
Ad hoc reviewer, *Journal of Clinical Psychology*
Ad hoc reviewer, *Journal of Early Adolescence*

REFERENCES

Dr. Phillip Levendusky
Associate Professor
Harvard Medical School
Director of Psychology Department and Psychology Training
McLean Hospital/Harvard Medical School
15 Mill Street
Belmont, MA
(617) 855-2994
e-mail: levenp@mclean.harvard.edu

Dr. Thröstur Björgvinsson
Director
Behavioral Health Partial Hospital Program
McLean Hospital/Harvard Medical School
Department of Psychiatry
115 Mill Street
Belmont, MA
(617) 844-4180
e-mail: tbjorgvinsson@partners.org

Dr. Janet Woodruff-Borden
Professor
Director of Clinical Training
Department of Psychological and Brain Sciences
University of Louisville
Louisville, Kentucky 40292
(502)852-6070
e-mail: j.woodruff-borden@louisville.edu